Eco-
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Every year, an estimated **15 million American families** relocate They generate an average of **30 million pounds** in wasted tape and **90 million pounds** of packing paper waste doing so A massive amount of junk is sent to landfills as well, totaling an estimated **16.8 billion pounds**

353 million gallons of fuel

are exhausted with all these yearly moves releasing millions of pounds of carbon dioxide intothe atmosphere The EPA estimates a large moving truck may eject **40 pounds of**

carbon dioxide

for every IO miles it drives while a small truck emits

22 pounds



Ways You Can Reduce the Environmental Impact of Your Move



Downsize early on by selling, recycling or donating unwanted items so there's less to pack



Check with local grocery stores or corner shops for sturdy cardboard boxes you can reuse and recycle afterwards



Dispose of any hazardous or e-waste through the proper channels



Utilize household items to pack more efficiently, such as luggage, reusable grocery totes, gym bags or even large kitchen pots



Opt for biodegradable packaging and wrapping goods or use items already on hand like newspapers, old t-shirts and towels



Shop around for green moving services with sustainable and eco-friendly practices within their business models



Use a biodiesel, electric or hybrid moving truck to diminish your carbon footprint



Make a conscious effort to limit trips back and forth to reduce emissions



Sources: organized-home.com/posts/eco-friendly-sustainable-packing-moving-tips | food52.com/blog/25634-eco-friendly-moving-tips | thegoodtrade. com/features/eco-friendly-moving-tips | moving.com/tips/green-moving-8-tips-eco-friendly-move | savant-magazine.com/magazine/2022/5/8/ecofriendly-moving-tips-reduce-your-carbon-footprint



Stockpile packing supplies and boxes from deliveries you receive ahead of the move



Rent reusable moving boxes if available in your area instead of purchasing new boxes

